

5 Practical Steps to Shopping Your Closet!

Plan a Week's Worth of New Looks Without Spending a Dime

Want to try it?

Step 1

Step 1 Designate a block of uninterrupted time, ideally about an hour or two.

 *Tip: Saturday mornings or Sunday evenings work best for me when I'm often peeking at my next week's schedule anyway!*

Step 2

Step 2 Go to your closet and pick out SEVEN different things that you really like and looks good on you, but for some reason you haven't worn in a while.

 *Tip: For the best variations, select at least one item from each of the following wardrobe categories: shoe, top, pants, skirt or dress, and eye-catching accessory.*

Step 3

Step 3 Now, the challenge! For each item, look for a coordinating piece from your closet that you have NEVER worn it with before.

 *Tip: The coordinating piece can be from any category— just be sure that it fits well and you would actually wear it together.*

Step 4

Step 4 Try it on to see how you feel about it!

 *Tip: Snap a mirror "selfie" to look at it, if that helps.*

Step 5

Step 5 Finish off the outfit as needed with accessories, shoes, etc.

 *Tip: If the "finishing touches" aren't in your closet, no worries! — add the needed item(s) to your shopping list.*

Congrats! You have just "shopped" your closet for fresh outfit combinations. This process is great for helping you to see the versatility (or lack thereof!) of your wardrobe so that you can hopefully avoid the same style cycles or ruts.

Tip: Every three months or so, take some time to experiment like this with possible hidden gems in your closet. Doing so will help you to focus more on what you'll need to buy (or let go of) for the upcoming season!

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